

10 DAYS TO BUSINESS BOUNDARIES

DAY 10: REVISIT & REVISE

- Setting & enforcing powerful boundaries is an experiential process.
- What will be your experiment?
- Commit to track: boundary, set of metrics (information), way to track (spreadsheet or art book or something in between), timeframe

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Commit to your tracking experiment.

1. What boundary will you track?

2. What metric(s) will you track?

3. How will you keep track?

4. Over what timeframe?